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HUJAMBO

is an informative game which challenges you to think and talk with others about **values in life**.

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hands you a lot of material, so you can give a thought to **values** in a playful, creative and yet serious way. Values that are important or that might become important in each person's life.

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is Swahili and it means: "Who are you?"
A question which the game wants to help young people find an answer to.

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Value Card

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Action Card

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Action Card

I like you, not because of what you do or can achieve, but because of whom you are. Unprejudiced and open-minded, I will stand next to you.

Open-heartedness

Expression

Reception

Different groups prepare different situations concerning "reception". E.g.: a new class-mate; its Christmas Eve and you find some people standing at the door; the start of a new course; you are watching TV when suddenly a friend turns up who is totally depressed etc The situations are acted out in small groups. Afterwards you can have a discussion on the role plays.

Letting go

The participants stand in pairs. One of them assumes a position that represent that they are 'not open' - they assume a non-approachable manner. E.g.: rolled up in a ball, very unfriendly, threatening The partner tries to mould them in such a way that they show openness.

Guiding questions

1. What did you think about the assessments? Why?
2. What does a "warm" reception mean to you?
3. What are the conditions for you before you can say you feel at home with someone?
4. How does it feel to be moulded into openness by someone?

Discussion

Everyone receives a small heart shaped card with someone else's name on. The participants write on the card. "I like you because ...". They finish the sentences with a reason why they like someone. When they hand over the card to the person, they talk about it.

The aim of the discussion is to understand the insight that you do not necessarily need a reason to like someone. You can like someone because of who they are.

Material: heart shaped cards, pens